

# Canine Comeback Newsletter

## EVENTS

We had a "Grand" Opening March 6<sup>th</sup>!! We were very busy.

To get your dog fit and obedient for your summer hikes we will be offering some conditioning and training specials and events:

Puppy Kindergarten Classes, 5 weeks, starting April 3<sup>rd</sup>, \$200, for puppies 12-20 mos. Bring this Newsletter for a \$10 discount off any regular service or training session.

Fit and Trim dry treadmill conditioning 5 sessions for \$175, a \$50 savings [must have veterinary approval.] Dietary consults also available.

Comeback Rehabilitation package of 6 water treadmill sessions, a massage and a veterinary follow-up for \$500, a \$70 savings.

Comeback Training Package of 3 private and 3 semi-private lessons to start teaching your dog to come when called for \$330, a \$30 savings.

Comeback Therapy package 5 massage, Reiki, and/or physical therapy sessions for \$200, a \$25 savings.

Upcoming Events:

Chiropractic Clinic with Gretchen Ham DVM, Saturday April 10, 2010. Don't miss this opportunity to reserve this valuable time with Gretchen.

Reiki and Animal Communication Training, May 15 and June 12.

BH Class starts April 3<sup>rd</sup>, 8 sessions alternating weeks, with a trial in August.



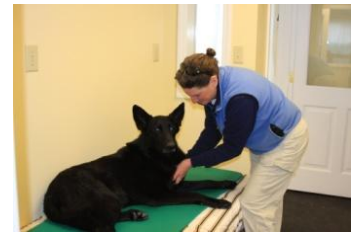
Check out our website for more details:  
[www.caninecomeback.com](http://www.caninecomeback.com)

## TIPS

**Training, "Kitchen training":** Training sessions do not need to be a big production. Training in general should be part of your life and many exercises can be practiced in your kitchen. Work on sit or down stays while you're making dinner. Practice heel position while stationary and with small pivots etc.

**Exercise, Warm-up and Cool Down:**

Just as you should do in your own exercise program, your canine partner needs to warm up and cool down before and after exercise.



Cookie stretches are both beneficial and fun and only take a minute or two to perform. Stand your dog and have him/her stretch their head gently back to their shoulder without turning their body. Perform this twice in each direction using the cookie as a lure.

**Preventing Injury:** Many dogs like to chase a Frisbee or a ball. It can be great fun and easily provides a lot of exercise. Unfortunately many injuries can result from this fun game, particularly for those dogs that chase with reckless abandon. A few minor modifications to the game can help reduce this risk. Try to throw toys low and close the ground ahead of your dog to prevent jumping and twisting. You can also throw the toy into water or high grass which will naturally slow your dog down before they reach the toy.